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Kilimanjaro trekking Packing suggestions and additional travel tips.

Assuming that you intend on traveling on safari during your stay in Africa, you should make every effort to pack your belongings into one large waterproof duffel bag or backpack and one 'carry-on' style bag for cameras, valuables, and day trips. Chances are you will have limitations in your safari vehicle and, in some cases, travel on small aircraft (if part of your itinerary), which limits you to 15 kgs / 33 pounds. If you plan on doing a lot of souvenir shopping, you might consider carrying another bag tucked in your suitcase to help judge your limits.

Important - International air carriers limit carry-on bags to one and checked bags to two per passenger for persons crossing the Atlantic Ocean from North America and connecting in Europe to Africa. Persons departing from Europe have weight restrictions on bags as well, varying with the carrier.

If you are doing a lot of traveling and need to carry more than the suggested items, keep in mind that you may be required to leave them at the town hotel or office.

1. Travel documents

- Passports
- Visa
- Vaccination (Yellow fever-if you are coming direct from the countries that are in yellow fever zone, i.e Kenya, Uganda, Congo)

Visa requirement for Tanzania: It is recommended to get an e-visa ([e-Visa Application](#)) in advance if you are planning to travel to Tanzania. This can help you avoid any potential issues with obtaining a physical visa upon your arrival in the country. However, physical visas are also available upon arrival if necessary.



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2. **Travel Insurance:** will provide coverage for potential issues that may arise during your trip, including cancellations, flight delays, evacuations, theft or loss of property, and necessary medical expenses.
3. **Currency:** When it comes to traveling, it is always best to be prepared with the right currency. A mix of debit or credit cards and cash is recommended. In most major establishments in the country, US dollars (series dated from 2009) are widely accepted. However, it's advisable to also carry some local currency (Shillings) for purchasing souvenirs in local stores.

2. Clothing.

Avoid packing black, blue, flash colours, instead opt for neutral tones like khaki, tan or Brown. Temperature can vary significantly throughout a standard safari so be sure to pack both short and long sleeves shirts as well as fleece that you can layer accordingly.

Advice - The customs and culture of East Africa, especially in coastal areas and Zanzibar, are conservative. Revealing or very tight clothing should be avoided.

Men's clothing (suggestions)

1 pair of comfortable shoes that would be appropriate for a nice restaurant 1 pair of sturdy shoes or boots for hiking, preferably waterproof* 1 pair of sandals to use when walking to the shower at camps, etc. 3-4 pairs of socks

1 nicer long slacks for use in restaurants (please note that shorts are not appropriate in Zanzibar Town) 1-2 pair of long casual slacks 1-2 pair of shorts 1-2 belts

1-2 swimming suits 3-4 golf/tee shirts 2 long sleeve casual shirts 1 dress shirt (tie optional depending on if you think you might visit a top restaurant) 1 sweater or light jacket 1 rain poncho 1-2 hats

Women's clothing (suggestions)

1 pair of comfortable shoes that would be appropriate for a nice restaurant 1 pair of sturdy shoes or boots for hiking*, etc. 3-4 pair of socks



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1-2 pair of pantyhose 1 nicer skirt for use in restaurants (please note that shorts are not appropriate in Zanzibar Town)

4. pair of long casual slacks 1-2 pair of shorts 1-2 belts 1-2 swimming suit

3-4 casual short sleeve blouses 2 long sleeve casual blouses 1 sweater or light jacket 1 rain poncho

Toiletries:

You should bring a tooth brush, tooth paste, razor, shaving cream and other toiletries with you .

Sun Protection

1-2 hats (VERY IMPORTANT FOR SUN PROTECTION)* 1 pair sunglasses* Prescription glasses if used with back-up pair suggested (note: contact lenses are difficult to use on safari due to the high amount of dust.)

- Electronic and gadgets(Carry a travel adopter, Tanzania &Kenya mostly use ,Type G plug)
- Money belt or similar. The best is a pouch that fits in front inside your shirt or slacks
- First aid kit

Additional packing list for Kilimanjaro climbs

- waterproof rucksack & daypack (optional waterproof cover)
- Sleeping Bag (comfort temperature down to -10 degrees Celsius)
- Hiking Boots: This is the most important item on the list. You'll need a comfortable/ waterproof pair of hiking boots which offer plenty of support. Make sure they are broken in before you get to Kilimanjaro! Light trainers might also be useful
- warm heavy weight gloves/mittens
- wide brimmed hat
- warm scarf



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- snow-goggles/sunglasses
- sweaters/jumpers
- trekking pants and jacket (wind- and waterproof)
- long sleeved shirts
- 2 to 3 pairs of shorts
- several pairs of socks
- set of thermal underwear (top & bottom)
- sun protection cream
- 2 x 2 litres water bottles (camel bags preferably)
- headlamp(plus spare batteries & bulb)
- first aid kit and insect repellants
- toiletry requirements

Additional equipment as required

- walking poles
- waterproof anorak or raincoat
- pair of gaiters
- balaclava (woollen sock that fits over the head with slits for only the eyes and mouth)
- inflatable sleeping pad/mat (otherwise we provide for free a simple one)
- pair of light loose fitting cotton trousers
- warm jersey/sweater (wool)
- 2 - 3 packets of moist towelettes.
- whistle
- some plastic bags
- roll mats and insulation pads
- travel pillow
- Swiss army knife, stuff to fix the sleeping mat, journal and pen, duck tape

Also, if you happen not to have all the suggested equipment, we can arrange to take you to a rental company to rent what you need



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What to do if your luggage get lost at the airport?

We naturally hope you don't lose your bags, but it does happen. If your bags do not show up, do the following:

- Report the problem to your air carrier **INSIDE THE AIRPORT** at the Baggage Claim - before passing the CUSTOM -and fill out the required paperwork.
- Ask them when they expect the bag will arrive and tell them where you will be based on your itinerary. **LEAVE THE KEYS AND/OR COMBINATIONS WITH THE AIRLINE** so they can clear the bags through customs.
- Ask the airline to go with you to advise Customs Officer that bags were lost so there will be no problems further in getting your bags cleared when they arrive.
- Tell your safari driver and ask office to work with the airline to get your bags to you at the earliest convenience.



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Ways you can support the preservation and protection of Tanzania during your trip with us:

1. Harassment Prevention

When visiting local communities or families in Tanzania, please keep the following in mind

- **Child Marriage and Exploitation:**

Despite legal prohibitions, child marriage remains a significant issue, leading to various forms of exploitation. Numerous NGOs are dedicated to addressing and reducing the incidence of child marriage. For further assistance, please report to the nearest police station.

- **Tourism-Related Exploitation:**

We encourage our clients to report any suspected cases of commercial, sexual, or other forms of exploitation and harassment, especially involving children and adolescents.

- **Recommendations for Tourists:**

Reporting: If you suspect any cases of exploitation or harassment, please report them immediately. Please inform us, and contact local authorities or child protection organizations.

- **Police:** Inform the nearest police station
- **Child Protection Services:** Ministry of Community Development, Gender and Children affairs.
- **NGOs:** ([UNICEF](#)) ([Save the Children](#))

2. Avoid illegal souvenir

- **Ivory Products:** Items made from Elephant tusks, such as jewelry and carvings.
- **Rhino Horn Products:** Similar to ivory, rhino horn items are banned due to the severe threat poaching poses to rhino populations. This includes any carvings, powders, or products made from rhino horns.



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- Tortoise Shell Items: Products made from the shells of endangered tortoises and sea turtles, including jewelry, ornaments, and combs, are illegal.
- Big Cat Pelts: Skins and products made from endangered big cats like Lions, Leopards, and Cheetahs are prohibited. This includes rugs, clothing, and accessories.
- Plant Species: Some plants and plant products are protected and cannot be legally traded. This includes specific types of orchids and cycads.
- Coral and Shells: Live coral and certain shells are protected due to their ecological importance and overharvesting concerns.

Photo & Video Recording Consent

- A suggestion to respect people's privacy by not taking photos or videos of people without their consent, and that parent or legal guardians must provide consent for children.
- Also, We love capturing memorable moments from your safari experience! During your trip, our team may ask you to take photos or videos for promotional purposes. If you're comfortable with this, please review and complete our Right of Use Consent Form([Privacy Consent form](#)) Your privacy is important to us, and participation is entirely optional



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Tipping Guidelines

Gratuities in the Tanzanian tourism industry generally follow the North American system. Tourists are expected to tip their safari staff and staff at most restaurants and hotels. The following information provides a guide to tipping in while on safari. The information is a collection of tipping recommendations from guidebooks as well as our company's experience with tipping in Tanzania.

As with any tipping situation, if you enjoy your experience, give a generous tip; if you do not enjoy your experience, adjust the tip accordingly.

Trekking Tipping Guidelines(If necessary)

Generally, you should budget between 10% and 15% of your total climb cost for tips. If you are traveling in a small group, you should contribute more per person to the tip kitty. We provide a list of your crew as well as jobs performed on the day you begin your climb. Please use this list to write down tip amounts for each staff member. When distributing tips, please call the crew together and announce tip amounts to everyone. Those who accompany you to Uhuru Peak are considered assistant guides.

Head Guide: US \$15 – US \$30 per day per guide

Assistant Guide: US \$10 – US \$20 per day per guide

Cook: US \$8 – US \$12 per day per cook

Porter: US \$4 – US \$10 per day per porter

Hotels and Restaurants

- Tips are expected at high-end luxury hotels and lodges. While tips are also expected at moderately priced
- Safari lodges, not all patrons tip. Tips are not expected at restaurants and hotels frequented by locals. Most tourist lodges and hotels will have tip boxes at the reception desk. You can tip hotel staff individually, place a tip for all hotel staff in the tip box, or do both. Tips can be made in local currency, USD, Euros, or Sterling.



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**Please note that some porters have extra jobs such as toilet cleaner, camp crew, and waiter. Please tip these porters a bit more than porters who do not have extra jobs.*

*Please note that the tip amounts listed for Kilimanjaro are per group, not per individual traveler**

Emergency Contacts while you are in Tanzania

1. Alex Mawenya: +255 683 521 382/+255 719 056 704-Operations Manager
2. Lisa Adam: +255 787 955 466/+255 752 081 466-Sales Consultant.
3. Emmanuel Kiwia: +255 685 544 016-General Manager.

KARIBU SANA

"You are warmly welcome"



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